You Are Not Alone

Grief and loss can be uniquely challenging for kids and teens. Avow Kids supports young people ages 5 to 17 navigating the death of a loved one or other significant life changes, including divorce, deployment, deportation, and foster care.

Through individual and group sessions, workshops, camps, and other programs, we help young people build coping skills and feel less alone during difficult times.

All of these programs are offered at no cost, as a reflection of our deep commitment to the Southwest Florida community.

About Avow

Avow is a community-based nonprofit providing healthcare and support services for Southwest Florida residents facing life's most challenging moments.

Funding provided in part by:

NAPLES CHILDREN FOUNDATION

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Where We Meet You

Avow kids works closely with local schools and community partners across Southwest Florida in Collier, Glades, Hendry, and Lee counties. We also offer programs at Aunt Janet's House, a dedicated space on Avow's campus in Collier County where young people can participate in counseling, support groups, camps, and other activities.

Aunt Janet's House

For more information, call (239) 261-4404 or visit avowcares.org/avow-kids

Avow Kids

avowcares.org/avow-kids

Healing Happens Together

Through creative expression, connection, and age-appropriate activities, children and teens have the opportunity to express big feelings, share memories, and develop healthy coping skills.

Workshops
Grief workshops bring together children of similar ages and experiences in their local public or private schools, or in other locations across Collier, Glades, Hendry, and Lee counties. Activities include art projects, videos, storybook discussions, and sharing photos and memories in a safe, supportive environment.

Counseling
Children and teens can participate in individual counseling counseling as well as group support offered online or in person. Family groups also provide activities for children alongside their parents or guardians.

Camps & Events
Day and overnight camps, movie nights, and other events give children and teens opportunities to connect, share experiences, and process grief together.

Camp MendingHeart

We Provide No-Cost Services For:

- Children and teens ages 5 to 17 experiencing grief or loss
- Parents and families supporting a grieving child
- School personnel navigating a loss or crisis
- Community partners seeking education and resources