FOR IMMEDIATE RELEASE

Avow to Host National Healthcare Decisions Day Lectures

Attend a roundtable discussion on mindful & planned healthcare decisions

NAPLES, Fla. (April 10, 2024) – Avow will host complimentary lectures for National Healthcare Decisions Day (NHDD) on Tuesday, April 16, 2024 and Tuesday, April 23, 2024. The first lecture will be at 1095 Whippoorwill Lane, Naples, FL. 34105 in the Ispiri Community Center. The second presentation will be at St. Mark's Episcopal Church. The lectures will each feature a unique panel of medical, legal and financial experts to facilitate a discussion regarding healthcare decisions and advance care planning. Attendees will obtain actionable ideas to plan, prepare and/or review to ensure their wishes regarding their health, money, and other affairs are documented.

"At Avow, we see first-hand the impacts of not planning your healthcare decisions ahead of time," says Avow Senior Clinical Director Dawn Kolderman. "We strive to teach the community the importance of being prepared, not just to ensure care for yourself, but also for your loved ones."

NHDD is a nationwide initiative that encourages adults of all ages to plan ahead of a health crisis. When health decisions and wishes are put into writing beforehand, peace of mind is achieved for all involved.

The lecture on April 16 will begin with lunch from 11:30 a.m. to 12:00 p.m., followed by a presentation from 12:00 p.m. to 1:00 p.m. The presentation on April 23 will be from 2:00 p.m. to 3:00 p.m. and will include light refreshments. Individuals at all stages of their planning process are welcome, and attendance is FREE. Pre-registration is required to attend this event. To RSVP, please call (239) 649-3683 or email foundation@avowcares.org.

About Avow:

Avow was founded in 1983 as Collier County's original, nonprofit hospice. Today, Avow's nonprofit companies provide palliative care consultations for adults facing chronic or serious illness and hospice care and bereavement support services for children and adults. To learn more about the scope of services provided by Avow, call 239-261-4404 or visit www.avowcares.org.

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