



About Avow

Center for Grief Support

Caring Support for Those Who Need It

Avow offers support programs to help and comfort those suffering from grief or caring for a seriously ill loved one. Groups meet online via video conference and/or in person. There is never a charge to anyone to participate; all are welcome. Participants are not required to have had a loved one in our hospice or palliative care programs.

Additional Offerings

Avow offers specialized, short-term support sessions and workshops to meet specific bereavement or caregiver needs. These special sessions are offered periodically throughout the year.

Check our website for current offerings

www.avowcares.org



Avow was founded in 1983 as Collier County's original, nonprofit hospice. Today, Avow's nonprofit companies provide palliative care consultations for people facing chronic or serious illness and hospice care and bereavement support services for children and adults.

(239) 261-4404

Toll Free: (888) 484-AVOW (2869)
Center for Grief Support: (239) 263-5197

avowcares.org

1095 Whippoorwill Lane | Naples, FL 34105

Avow Hospice, Inc. does not discriminate against any person on the basis of race, sex, color, national origin, ancestry, creed, religion, sexual orientation, veteran status, disability, or age in admission, treatment, or participation in its programs, services and activities, or in employment.

Information in this brochure was current at press time. To verify the availability of specific services or to discuss any aspect of our care, call us at (239) 261-4404 or toll free (888) 484-AVOW (2869).

ATTENTION: Language assistance services are available free of charge.
Call (888) 484-AVOW (2869).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (888) 484-AVOW (2869).

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou.
Rele (888) 484-AVOW (2869).



Support for Caregivers and the Bereaved

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Support Programs: We Welcome Caregivers and the Grieving with Open Arms

Center for Grief Support: A Resource for Caregivers and the Bereaved

If you or someone you love is living with loss or grief, or struggling with the emotional demands of being a caregiver to someone who is ill, call on us. The bereavement support professionals at Avow's Center for Grief Support are here to help, at no cost to you. It's a service we have provided to the community since 1983; we're also proud to say our program is quality certified by The Joint Commission.

Groups meet in person and/or virtually, through tools like Zoom® video conferencing. You can always find our current schedules by visiting our website at avowcares.org/calendar/. Before joining a group, please call us at (239) 263-5197 so we can help you choose the group that best fits your needs.

Group Meetings for Those in Grief

These short-term groups are open to anyone in the community who has experienced the death of a loved one. They are most appropriate for those who have experienced a loss within the past year and beyond.

Some group members choose simply to listen; others feel comfortable sharing thoughts and feelings. During the sessions, our bereavement counselors help participants understand how the mind and body process grief, and what "normal" grieving looks like. They can also help group members find other community resources if needed.

Avow's support programs are available throughout Collier County and the Center for Grief Support on Avow's campus in Naples. We also provide individual support in person or over the phone to anyone, anywhere. Contact the Center for Grief Support at (239) 263-5197.

Group Meetings for Caregivers

These groups focus on identifying and understanding feelings related to being a caregiver for someone who is seriously ill. Parents, spouses, children or friends of people who are chronically ill are welcome to attend.

One-On-One Support

Counselors at the Center for Grief Support are here to provide up to three private support sessions for adult caregivers and those in grief. If participants need more individual sessions, our counselors can provide referrals to other resources in the community.

Pet Bereavement

Counselors at the Center for Grief Support understand that the loss of a pet is significant and deeply meaningful. They are here to talk with community members by phone, virtually or in person. Check our website calendar at avowcares.org/calendar/ for pet loss support events.



Call Us Any Time

You don't have to wait for a support group meeting if you have an immediate need for help. Call Avow's Center for Grief Support at (239) 263-5197 to speak to a bereavement counselor.

You can also call our main number 24/7/365 at (239) 261-4404 or (888) 484-AVOW (2869).



Grief Support for Children

Avow Kids supports children and families through grief and loss experiences, including (but not limited to) death, divorce, pandemic fears, deployment, deportation, family system insecurities and more. We provide camps, groups and individual assistance on Avow's campus at Aunt Janet's House®, via video conferencing and throughout Southwest Florida.

