

# 2025 SUMMER CAMP ACTIVITIES



- Providing a safe place for families and kids
   to bond and connect through life's transitions
- Learning to manage different emotions.
- Building confidence

- Improving creative problem-solving skills
- Developing empathy for one another through interactions with animals and nature

Programs are held at Aunt Janet's House on the Avow Campus\*
1301 Whippoorwill Lane, Naples, FL 34105

\*Unless otherwise noted

RSVP to avowkids@avowcares.org or (239) 261-4404

Funding provided in part by:





# **Summer Camps and Events**

#### Carnavow

Saturday, May 31, All ages 10:00 a.m. - 1:00 p.m.

Join us to celebrate your achievements and welcome summer! Enjoy carnival games, cornhole, life-size Jenga, face painting, bubble machines, bounce houses, sand art, and more. This community event at Aunt Janet's House offers a chance to connect and learn about the support we provide during times of loss.

## Grief in Social Media

June 9th - 13th, Ages 11 - 17 9:00 a.m. - 4:00 p.m.

Join us for a week of exploring grief through media—for teens! Activities will include sharing personal experiences of loss and learning how emotions influence online behavior. Through multimedia projects like videos, podcasts, and articles, we'll examine how social media impacts grief and explore related themes in movies, books, and music. By the end of camp, you'll have tools to navigate social media while honoring your grief.

## Playful Exploration through Grief

June 23rd - 27th, Ages 5 - 17 9:30 a.m. - 12:30 p.m. 750 S. 5th St., Immokalee, FL 34142

Join us for a therapeutic camp where campers explore grief through playful activities like team-building, storytelling, and creative workshops. You'll learn to express emotions, build resilience, and connect with peers who share similar experiences, all while fostering healing, community, and the balance of joy and sorrow.

## "Around the World" Camp

July 7th - 11th Ages 5 - 10 | 9:00 a.m. - 12:00 p.m. Ages 11 - 17 | 1:00 p.m. - 4:30 p.m.

Come travel around the world with Avow Kids this summer! Follow our travels on the world map as we journey around the globe exploring different cultures through art, music, food, and fun! Have you ever wanted to know more about Mexico, South Africa, Greece or Russia? Here is your chance to gain insights into your grief journey as you explore exciting new cultures with others who are also experiencing a loss.

# STEAM through Grief

July 21st - 25th Ages 5 - 10 | 9:00 a.m. - 12:00 p.m. Ages 11 - 17 | 1:00 p.m. - 4:30 p.m.

Join Avow Kids for the STEAM through Grief Camp! Participants will engage in hands-on projects across Science, Technology, Engineering, Art, and Math, while exploring emotions, building coping skills, and finding healing through creativity and collaboration.

#### **Back to School Tools**

August 4th for Grades K - 5 | 9:00 a.m. - 12:00 p.m. August 4th or Grades 6 - 8 | 1:00 p.m. - 4:30 p.m. August 5th for Grades 9 - 12 | 1:00 p.m. - 4:30 p.m.

Get ready for the 2025-2026 school year with Avow Kids! Learn coping strategies for stress and anxiety, set goals, and gain tools to have a successful school year. This camp offers support for students in the upcoming school year.

## Camp Mending Heart Jr.

Ages 7 - 10 Drop - off at 11:00 a.m. on August 7th Pick up at 11:00 a.m. on August 8th

Join Avow Kids for an overnight camp at Aunt Janet's House for kids ages 6-10 who have lost a loved one. The program, led by Avow Kids Specialists, focuses on building coping skills and providing support in a community of peers facing similar challenges.

## Non-Camp Weeks

## Families in Transition

Mondays: June 16th, 30th | July 14th, 28th 5:30 p.m. - 7:30 p.m. | All ages and guardians

## Creative Expression Workshops

Tuesdays: June 17th | July 1st, 15th, 29th 2:00 p.m. - 4:00 p.m. | Ages 5 - 11

## Grief Support Open House

Wednesdays: June 18th | July 2nd, 16th, 30th 1:00 p.m. - 3:00 p.m. | All ages

#### Teen Time

June 20th | July 18th, July 30th | August 1st Ages 11 - 17 (various times)