

Adventures Through Grief:

STEP INTO A WORLD OF HOPE AND HEALING AFTER LOSS

Discover a unique approach to coping with grief through our tabletop roleplaying game-based *Adventures Through Grief* program. Our grief counselors and music therapists will take on the role of game master to guide you on the quest of navigating life after losing a loved one.

GROUP MEETING DETAILS

Grades 9 – 12

Every Wednesday March 26th – May 28th
3:00 PM – 5:00 PM at Aunt Janet's House
on the Avow Campus.

Once we receive your RSVP, our Avow Kids Specialist will reach out to meet each participant before the group begins.

All who are grieving are welcome – no prior role-playing game experience necessary. Participation is free of cost, but registration is required.



Illustration by Lara Antal, 2024.

Register or Learn More Today!

Call (239) 261-4404 or e-mail avowkids@avowcares.org

The *Adventures Through Grief* program is an initiative of Blue Ridge Care. All program methodologies, materials, and content are proprietary to Blue Ridge Care and its project partners. *Adventures Through Grief* is made possible through philanthropic support provided by the New York Life Foundation.



Blue Ridge Care



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