



FOR IMMEDIATE RELEASE

Avow to host palliative care lunch and learn on Feb. 23

NAPLES, Fla. (Feb. 13, 2023) – Avow is hosting the complimentary lunch and learn, Living Your Best Life with a Serious or Chronic Illness Through Palliative Care, from 11:30 a.m. to 1 p.m. on Thursday, Feb. 23, at Ispiri community center on the Avow Campus in Naples.

Attendees will hear from Avow Director of Medical Services Eileen Fagan Crowley as she discusses the benefits of non-hospice palliative care when seeking relief for serious or chronic illnesses. Learn about how palliative care differs in whole-person-centered care and how it can significantly improve one's quality of life. Palliative care can also include psychological benefits for family members of those with a chronic or severe illness. Complimentary lunch is included; RSVPs are required.

Palliative care provides comfort for individuals living with serious illnesses such as cancer, heart disease, lung disease and kidney failure. The purpose of palliative care is to alleviate the physical symptoms and emotional distress related to diseases and/or medical treatments. Avow's Palliative Care team can see patients in the outpatient clinic on Avow's campus or wherever a patient calls home. Palliative care can be offered during treatments for illness and its purpose is to improve the patient's quality of life during treatment.

Avow Palliative Care Services is also a member of the Center to Advance Palliative Care (CAPC). CAPC is a national nonprofit organization dedicated to increasing the availability of

quality health care for people living with a serious illness and provides organizations with training, tools and technical assistance.

The lunch and learn event will take place from 11:30 a.m. to 1 p.m. on Thursday, Feb. 23, at Ispiri community center on the Avow Campus. To RSVP, call 239- 285-9300 or email 59minutes@avowcares.org.

About Avow:

Avow was founded in 1983 as Collier County's original, non-profit hospice. Today, Avow's non-profit companies provide palliative care consultations for adults facing chronic or serious illness and hospice care and bereavement support services for children and adults. To learn more about the scope of services provided by Avow, call 239-261-4404 or visit www.avowcares.org.

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